Junior FIT Representative Candidates

Christopher Brooks, MD, Ohio State University/Nationwide Children’s Hospital
Nomination form ................................................................. p. 1
Statement of interest .......................................................... p. 2
Curriculum Vitae ................................................................. p. 3

Christopher Foster, MD, Walter Reed National Military Medical Center
Nomination form ................................................................. p. 9
Statement of interest .......................................................... p. 10
Curriculum Vitae ................................................................. p. 11

Aishwarya Navalpakam, MD, Children’s Hospital of Michigan
Nomination form ................................................................. p. 19
Statement of interest .......................................................... p. 20
Curriculum Vitae ................................................................. p. 21

Abeer Siddiqi, MD, Columbia University Medical Center
Nomination form ................................................................. p. 24
Statement of interest .......................................................... p. 25
Curriculum Vitae ................................................................. p. 26
FELLOWSHIP MEMBERS SECTION
NATIONAL & REGIONAL REPRESENTATIVE NOMINATION FORM

Positions Currently Available (Indicate Your Interest):

☑ Junior National Fellow-in-Training Representative  ☐ Regional Fellow-in-Training Representative

Please use this form only for the positions listed above. If you are interested in another position, please discuss your candidacy with a member of the Fellows-in-Training Committee.

Chris Brooks

Name: Allergy/Immunology, Eye and Ear Institute

Work Address: 915 Olentangy River Rd

Columbus, OH 43212

City: State: Zip/Postal Code: 

Country: USA

Phone (work): 614-770-3835 Fax: 

Email: christopher.brooks@osumc.edu

Training Program: The Ohio State University/Nationwide Children's Hospital

Expected Completion Date: 

Please attach a current curriculum vitae and a statement explaining your interest in the position.

Signature of Candidate: Rebecca Scherzer

Date: 9/14/2020

Name of A/I Program Director: 

Program Director Signature: Rebecca Scherzer

Date: 9/14/2020

Please return form to Katerina Barcal by email at KaterinaBarcal@acaai.org or fax at 847-427-9656.
My name is Chris Brooks and I am a first-year allergy/immunology fellow at The Ohio State University/Nationwide Children’s Hospital in Columbus, Ohio. Professional and academic organizations such as the ACAAI accelerate research discoveries and then promote dissemination of cutting-edge science to clinicians, drive innovative and quality healthcare for patients by promoting best practices and patient education, cultivate practice environments that promote physician wellness, and work to inspire the next generation of allergists/immunologists. Fellows are in a unique position, often working in academic medical centers on the front lines of research and innovative patient care. They also have unique responsibilities and needs as they balance patient care, their own education and research, and personal responsibilities outside of medicine. Fellows deserve strong representation within our professional organizations to advocate for our interests, both as fellows and for our future careers.

My experience in committees and professional organizations throughout my academic career prepares me well to be your junior representative. From my experience as high school class president to my involvement in an American Medical Association committee during medical school to recent membership in our residency program’s education evaluation committee, I am confident I would best serve the interests of allergy/immunology fellows nationwide. I would work hard through my collaborative and driven style of representation and leadership to promote the best interests of fellows-in-training, patients, and the entire allergy/immunology community to better the field and practice of allergy/immunology, both for the present and for the future.
EDUCATION

August 2013 - May 2017
The Ohio State University College of Medicine
• Doctor of Medicine
• Grant Morrow, III Award for Excellence in Clinical Pediatrics
• Georgianna L. Barr Scholarship Recipient for promising accomplished students interested in allergy/immunology

August 2009 - May 2013
Ohio Wesleyan University
• Bachelor of Arts, Pre-Professional Zoology with minors in Chemistry and Spanish
• summa cum laude, 3.90 GPA

POSTGRADUATE TRAINING

July 2020 - Present
Allergy/Immunology Fellowship
The Ohio State University/Nationwide Children’s Hospital

June 2017 – June 2020
Pediatric Residency
University of Minnesota
• global health certificate

CLINICAL EXPERIENCE

Fellow, Ohio State/Nationwide Children’s Hospital, July 2020 - Present
• 50% adult training and 50% pediatric training
• weekly continuity clinic at each Ohio State and Nationwide Children’s
• weekly immunology clinic at Nationwide Children’s
• clinic and multiple inpatient consults per week at both sites
**Resident**, University of Minnesota Pediatric Residency Program, June 2017-June 2020
- Patient care and teaching responsibilities (including students and fellow residents)
- Allergy and Asthma Specialists, Allergy and Asthma Center of Minnesota, Children’s Minnesota (Minneapolis and St. Paul), Fairview Ridges, Health Partners – Midway, Hennepin Health, Midwest Immunology, University of Minnesota Masonic Children’s Hospital.
- Rotations completed: Adolescent Medicine (outpatient), Allergy/Immunology (outpatient), Cardiology/Pulmonology (inpatient), Dermatology (outpatient), Developmental and Behavioral Pediatrics, Emergency Medicine, Gastroenterology/Metabolics (inpatient), Hematology/Oncology (inpatient), Immunology (outpatient), Inpatient Pediatrics, Nephrology (inpatient), Newborn Nursery, NICU, Otolaryngology, PICU, Primary Care Continuity Clinic (longitudinal), Primary Care Elective, Primary Care Fundamentals, Pulmonology Consults (inpatient).

**Medical Student**, The Ohio State University College of Medicine, May 2013 - May 2017
- The Ohio State University Medical Center (University Hospital, The James Cancer Hospital, Ross Heart Hospital, Martha Morehouse Medical Plaza, Harding Hospital), Nationwide Children’s Hospital, Riverside Methodist Hospital, Orthopedic One, Columbus Free Clinic, Baraka Hospital (Kenya).
- Rotations in order of completion: Ob-Gyn; Anesthesiology; General Surgery; Orthopedic Surgery; Infectious Disease; Cardiology; Med-Neuro (Inpatient Neurology); Child and Adolescent Psychiatry; Inpatient Internal Medicine; Emergency Department Psychiatry; Outpatient Neurology; Oncology; Pediatric Rheumatology, Nephrology, and Endocrinology; Ambulatory Pediatrics (General Pediatrics, Newborn Nursery, Adolescent Medicine, Pediatric Emergency Medicine, Pediatric Urgent Care); Family Medicine; Hospital Pediatrics; Otolaryngology; Infectious Disease Sub-Internship; Allergy and Clinical Immunology; Healthy Weight and Nutrition; NICU Sub-Internship; Pediatric Ambulatory; Interprofessional Care for the Underserved Patient; Pediatric Emergency Medicine; Global Health Elective; Advanced Topics in Pediatrics.

**Treasurer and Committee Member**, Columbus Free Clinic, Dec 2013 - Jan 2015
- Manage operations of the clinic, including physician and student volunteer management, referrals, and process improvement implementation
- Committee sets and implements short-term and long-term program planning and process improvement goals
- Treasurer responsibilities include grant acquisition, budget formation, and payment transaction

**Student Intern**, Emergency Department at Grady Memorial Hospital, Summer 2010
- Assist nurses and physicians during evening, overnight, and weekend ED shifts
- Assist with procedures and laboratory tests
RESEARCH EXPERIENCE

**Resident Research Project**, Children’s Minnesota and Allergy and Asthma Specialists, June 2018 – Present
- Review all oral food challenge encounter records for 3.5 year period
- Contact over 100 families to determine reintroduction behaviors and beliefs following passage of oral food challenge
- Lead entire project, from Institutional Review Board approval through presentation
- Publish abstract in the Journal of Allergy and Clinical Immunology and present poster at the 2019 American Academy of Allergy, Asthma, and Immunology Annual Meeting
- Publish article in the Annals of Allergy, Asthma, and Immunology

**Early Peanut Introduction Quality Improvement Project**, University of Minnesota Pediatric Residency Project and all resident continuity clinic sites, December 2018 – May 2019
- Design and implement interventions to increase knowledge and practice of providing anticipatory guidelines regarding early peanut introduction
- Track project progress over months
- Present poster at the 2019 University of Minnesota Quality Improvement Forum

**Medical Student Researcher, Nationwide Children’s Hospital**, Apr - Aug 2014
- Investigate emergency department management of anaphylaxis among patients with food allergic reactions
- Utilize a retrospective chart review to describe management in relation to guidelines
- Publish abstracts in the Journal of Allergy and Clinical Immunology and present posters at 2015 American Academy of Allergy, Asthma and Immunology Annual Meeting
- Publish article in the Annals of Allergy, Asthma, and Immunology

**Student Research Assistant**, Ohio Wesleyan University, Aug - Dec 2012
- Investigate role of genetic and environmental factors in the development of colorectal cancer in mice
- Obtain blood samples to track biomarkers
- Perform colonoscopies to track tumor growth
- Dissect mice for tumor characterization

**Student Research Assistant**, The Ohio State University Wexner Medical Center, Summer 2012
- Employ biomarkers and positron emission tomography-computed tomography (PET-CT) to develop better diagnostic strategies for tracking tumor growth
- Utilize the Extended Brilliance Workspace (EBW) workstation to measure and record tumor lesion size
**Student Research Assistant**, The Comprehensive Cancer Center at The Ohio State University Wexner Medical Center, Summer 2010 and Summer 2011
- Evaluate CT (computed tomography) results of mice with lung tumors treated with an experimental drug
- Process human blood samples for an NIH chemotherapy clinical trial
- Coauthor of abstract at 2012 American Association for Cancer Research Annual Meeting in Chicago and 2012 OSU Comprehensive Cancer Annual Meeting in Columbus

**PUBLICATIONS**


Brooks CD, Melchert P, Stillerman A, Ott NL. Negligible impact of age, sex, and type of allergen on oral food challenge passage rate. Journal of Allergy and Clinical Immunology. 2019 Feb; 143(2):AB166.


Coffman A, Brooks CD, Erwin EA, Mikhail IJ. Accidental exposures to known food allergens: lessons from pediatric emergency departments and urgent care centers. Journal of Allergy and Clinical Immunology. 2015 Feb; 135(2, Suppl): AB251.


Brooks CD. (March 2020). Chest discomfort with allergic reaction - when it is more than wheezing and respiratory distress. Poster to be presented at: American Academy of Allergy, Asthma, and Immunology (AAAAI) 2020 Annual Meeting; Philadelphia, PA, USA, cancelled.

Brooks CD. (February 2019). Negligible impact of age, sex, and type of allergen on oral food challenge passage rate. Poster presented at: American Academy of Allergy, Asthma, and Immunology (AAAAI) 2019 Annual Meeting; San Francisco, CA, USA.

Brooks CD. (February, 2015). Accidental exposures to known food allergens: lessons from pediatric emergency departments and urgent care centers. Poster presented at: American Academy of Allergy, Asthma, and Immunology (AAAAI) 2015 Annual Meeting; Houston, TX, USA.

Brooks CD. (February, 2015). Variability in the recognition and management of food induced anaphylaxis in pediatric emergency departments and urgent care centers. Poster presented at: American Academy of Allergy, Asthma, and Immunology (AAAAI) 2015 Annual Meeting; Houston, TX, USA.


Westreich A, Brooks CD. (May 2019) Let’s talk about peanuts: increasing resident adherence to new peanut allergy guidelines in a pediatric residency program. Presented at: University of Minnesota Quality Improvement Forum; Minneapolis, MN, USA.

Neuhaus E, Levine R, Ameen Z, Brooks CD, Browning R, etc al. (February 2017). Increasing breastfeeding rates in a primary care clinic. Presented at: The Ohio State University College of Medicine Quality Improvement Conference; Columbus, OH, USA.

Ahmad F, Brooks CD, Chen H, Guerrero T, Jacklen A, et al. (February 2015). Health coach analysis: lessons from patient partners. Presented at: The Ohio State University College of Medicine Community Health Education Conference; Columbus, OH, USA.
HONORS/LEADERSHIP

• American Academy of Asthma, Allergy, and Immunology Chrysalis Project Scholarship Recipient
• Georgianna L. Barr Scholarship Recipient for promising accomplished students interested in allergy/immunology
• Grant Morrow, III Award for Excellence in Clinical Pediatrics
• OSU College of Medicine Commitment to Service Award
• Landacre Honor Society for research involvement
• American Academy of Allergy, Asthma, and Immunology In-Training Member
• American College of Allergy, Asthma, and Immunology Resident Member
• Residency Class Representative (2017-present)
• Residency Program Evaluation Committee Member (2018-present)
• Eagle Scout
• Phi Beta Kappa
• President of Allergy/Immunology Interest Group
• Logistics Committee Member for 2014 American Medical Association National Student Section Annual Meeting
• Treasurer of Med/Peds Interest Group
• Mortar Board
• Omicron Delta Kappa
• Phi Sigma Biological Sciences Honor Society
• Ohio Wesleyan Bridge Builder Award for Community Involvement

INTERESTS

• Cycling and running
• Current events and advocacy/engagement
• Photography – nature and travel
FELLOW-IN-TRAINING MEMBERS SECTION
NATIONAL & REGIONAL REPRESENTATIVE NOMINATION FORM

Positions Currently Available (Indicate Your Interest):

✓ Junior National Fellow-in-Training Representative  □ Regional Fellow-in-Training Representative

Please use this form only for the positions listed above. If you are interested in another position, please discuss your candidacy with a member of the Fellows-in-Training Committee.

Name:
Christopher Foster, MD FAAP, CDR/MC/USN

Work Address:
8901 Wisconsin Avenue
America Building, 4th Floor, Room 4029

City: Bethesda State: MD Zip/Postal Code: 20889

Country: United States

Phone (work): 301-319-2938 Fax: 301-319-8299

Email: christopher.w.foster6.mil@mail.mil

Training Program: NCC/Walter Reed National Military Medical Center Allergy & Immunology

Expected Completion Date: 06/2022

Please attach a current curriculum vitae and a statement explaining your interest in the position.

Signature of Candidate: [Signature] Date: 09/08/2020

Name of A/I Program Director: David J. Schwartz, MD, COL/MC/USA

Program Director Signature: [Signature] Date: 09/08/2020

Please return form to Katerina Barcal by email at KaterinaBarcal@acai.org or fax at 847-427-9656.
Sustaining wellness, combating burnout, and working to be the most competent and compassionate physicians that we always set out to be have been key focus areas in several of my early leadership roles. These equally paramount pursuits once again takes center stage as I transitioned into fellowship training this past July. Naturally, I was excited to read in our recently disseminated Annals of Allergy, Asthma, and Immunology, that the ACAAI launched an internal Physician Wellness Taskforce back in 2016 to tackle this head on. Comforting as it was to read their reported survey results showing practicing allergists and fellows-in-training (FITs) reported lower levels of burnout and depersonalization than the collective general health services population, the data is clear that we have not developed immunity. I hope to learn more about sustaining initiatives and partner in future endeavors in the capacity of representing fellows across the ACAAI training platforms as the Junior Fellow-in-Training Representative to the Board of Regents.

I experienced the excitement, anxiety, successes, and failures in my preceding 12 years as a practicing pediatrician. I recall working through the transition from trainee role, challenging in and of itself yet balanced with having a safety net (attending) above me, to that of staff physician. There was nothing inherently different in terms of who I was on July 1, 2008 than who I was on June 30, yet there I was – no longer presenting my patients or sending notes for co-signatures or propping myself up with the “I’ll run this by my attending” crutch. Thanks to incredible support, both at home and in the office, I not only survived but thrived through the transition. Unfortunately, that was not the case for everyone coming out of training and I saw a handful of amazing residents struggle mightily in those early staff years - some even to point of exhaustion and finding it necessary to step away from the profession. I hope to bring these experience to the FIT leadership position and be a source of support for my newest colleagues.

As an active duty physician in the US Navy, I have been afforded opportunities early in my career that I might not otherwise have leaned into. Though there is no I could pass on the opportunity for the Navy to train me in allergy/immunology, I readily acknowledge that along with my good fortune came the realization that I was stepping away from the best job of my career to date. I have spent the preceding six years as department of pediatrics faculty at the Uniformed Services University in Bethesda, MD. The last three of which I was the clerkship director working with over 170 students per clerkship year, including pivoting in the face of Sars-CoV-2. I am passionate about learning and teaching. For the past two years, I also assumed the role of Assistant Director of Medical Education at Walter Reed National Military Medical Center – a Department of Defense medical training site with 63 ACGME accredited training programs and 700+ interns/residents/fellows. This dual role in education and training was a phenomenal experience for me and I grew immensely as I learned from key leaders around the university and Walter Reed. I hope to parlay those lessons learned on behalf of FITs to ensure we all thrive through our transition to practicing allergists/immunologists.

I will very much enjoy these next two years back in training. I have already begun relishing my opportunities to present my patient to my attendings --- nerves and all back just as I remember them! I am also approaching this late-stage training opportunity with a changed vantage point from my residency days – not necessary better but certainly different. My 5 co-fellows in our program (3 other PGY-4 and 2 PGY-5) are outstanding and collectively we have already benefitted from our unique experiences. I can only imagine what each of you bring the table, and I hope I get a front row seat sharing our collective voices as your junior FIT representative. Please reach out any time – christopher.w.foster6.mil@mail.mil or call/text me what’s on your mind 757-289-9181

Be safe and be well!

Chris Foster, MD FAAP
NCA/WRNMMC Fellow - Bethesda, MD
Christopher W. Foster, M.D., F.A.A.P.
Commander, Medical Corps, U.S. Navy
Clinical Fellow – Allergy & Immunology
Walter Reed National Military Medical Center
Clinical Associate Professor - Pediatrics
F. Edward Hébert School of Medicine at Uniformed Services University

**Work Address**
Department of Allergy, Immunology, & Immunizations
Walter Reed National Military Medical Center
Building 19, 4th Floor
8901 Wisconsin Avenue
Bethesda, Maryland 20889
Phone: 757-289-9181
Email: christopher.w.foster6.mil@mail.mil

**Education and Training**
Undergraduate: University of Virginia, Charlottesville, VA. B.A., Economics, 1997-2001
Medical School: Eastern Virginia Medical School, Norfolk, VA. M.D., 2001-2005
Internship: Pediatrics, Naval Medical Center San Diego, San Diego, CA, 2005-2006
Residency: Pediatrics, Naval Medical Center San Diego, San Diego, CA, 2006-2008
Fellowship: Allergy & Immunology, Walter Reed National Military Medical Center, Bethesda, MD, 2020-present

**Board Certification**
Pediatrics, American Board of Pediatrics, October 2008
Maintenance of Certification, American Board of Pediatrics, in good standing through December 2025

**Medical License**
Virginia, No. 0101241418, in effect through July 2022

**Academic Appointments**
Clinical Associate Professor, Department of Pediatrics, Uniformed Services University, 2018-
Assistant Professor, Department of Pediatrics, Uniformed Services University, 2012-2018
Clinical Instructor, Department of Pediatrics, Uniformed Services University, 2008-2012
Honors/Awards

*Council on Medical Student Education in Pediatrics 2020 Teaching/Education Award.*
This award is presented annually at the COMSEP national conference. One member is selected from across all US and Canadian medical schools whose contributions to curriculum development and program leadership have been exemplary within the field of pediatric medical student education. March, 2020.

*Leonard Tow Faculty Award.* Given annually by The Gold Foundation to one faculty at participating universities as nominated by current Gold Humanism Honor Society (GHHS) members. The award is to “recognize faculty members who demonstrate both clinical excellence and outstanding compassion in the delivery of care and who show respect for patients, their families, and healthcare colleagues.” Bethesda, MD. May 2019

*Alpha Omega Alpha Honor Society, Faculty Inductee,* Maryland Gamma Uniformed Services Chapter. “Alpha Omega Alpha is the only national honor medical society, and its singular purpose is to recognize and perpetuate excellence in the medical profession. Election to AOA is an honor signifying a lasting commitment to scholarship, leadership, professionalism, and service. A lifelong honor, membership in the society confers recognition for a physician's dedication to the profession and art of healing.” Bethesda, MD. April 2019

*Gold Humanism Honor Society, Inductee,* Uniformed Services University of the Health Sciences Chapter. “In 2002, the Arnold P. Gold Foundation established the GHHS as a signature program to recognize medical students, residents, and faculty who practice patient-centered care through modeling qualities of integrity, excellence, compassion, altruism, respect, and empathy.” Bethesda, MD. February 2019

*Dean’s Impact Award,* Presented by the Dean of the F. Edward Hébert School of Medicine at Uniformed Services University of the Health Science to select faculty for outstanding contribution to the education mission. Bethesda, MD. August 2018

*Outstanding Attending,* Presented by the Class of 2018 of the F. Edward Hébert School of Medicine to 5 selected faculty from among 23 Department of Defense core clerkship teaching sites across the United States. Uniformed Services University of the Health Sciences, Bethesda, MD. March 2017

*Major Dave Berry Award,* Presented yearly by the American Academy of Pediatrics, Section on Uniformed Services to one individual among all active duty military pediatricians with selection criteria based upon academic excellence and career potential, role model in physician/patient and parent interactions, balance in personal and professional life, and duty. October 2016

*Faculty Pediatric Clerkship Teacher of the Year (AY 2014)* at Naval Medical Center San Diego, Presented by Uniformed Services University of the Health Sciences, Bethesda, MD, 2015
Navy Pediatrician of the Year, presented by the American Academy of Pediatrics, Section on Uniformed Services, Uniformed Services West Chapter. “For outstanding performance in Pediatrics.” October 2014

Associate Master Clinician Award, Naval Medical Center San Diego, CA, October 2013

Fran C. Rash Pediatric Faculty Teacher of the Year, Naval Medical Center San Diego, CA Pediatrics Residency Program, for academic year 2012-2013

Specialty Teacher of the Year, Naval Hospital Camp Lejeune, NC Family Medicine Residency Program, for academic year 2010-2011

Charles B. Davis Resident Teacher Award. Presented by Naval Medical Center San Diego Pediatric residency program “for his dedication and skill as an educator to his colleagues.” Naval Medical Center San Diego, CA, 2008

William J. Thomas Humanitarian Award. Presented by Naval Medical Center San Diego Pediatric residency program “for exemplary resident performance in patient care.” Naval Medical Center San Diego, CA, 2008

Resident Pediatric Educator of the Year at Naval Medical Center San Diego, 2006-2007. Presented by Uniformed Services University of the Health Sciences, Bethesda, MD, 2007

United States Navy Health Professions Scholarship, 2001-2005

Military Awards
Defense Meritorious Service Medal, 2020
Navy and Marine Corps Achievement Medal, 2015
Navy and Marine Corps Commendation Medal, 2014
Navy and Marine Corps Commendation Medal, 2012
Navy and Marine Corps Achievement Medal, 2008

Certifications
Faculty Development Certificate in Teaching, Uniformed Services University - 2018
Faculty Development Certificate in Academic Leadership, Uniformed Services University - 2017
Pediatric Advance Life Saving (PALS) Provider
Basic Life Saving (BLS) Provider

Professional Assignments
Navy Assistant Chief of GME/GDE, WRNMMC April 2018 – May 2020
Deputy to the Chief of GME with oversight of 66 post-graduate training programs and over 650 joint services trainees. Responsible for Navy-specific trainee requirements and
military evaluations as well as joint GME trainings for Chief Residents, General Medical Officers, and Intern Orientation.

**Medical Director, Darnall Medical Library**, WRNMMC April 2018 – May 2020
Oversight and strategic planning for hospital-based medical library supporting command research, GME/GDE teaching programs, clinical care, and patient education.

**Director, Pediatric Clerkship**, F. Edward Hébert School of Medicine at Uniformed Services University of the Health Sciences. Bethesda, MD. September 2016 – April 2020
Responsible for core clinical curriculum in pediatrics and the systematic training, evaluation, assessment, and remediation of over 170 students per clerkship year. Oversight of 12 clinical teaching sites, site directors, and teaching faculty in accordance with LCME accreditation requirements

**Interim Director, Pediatric Clerkship**, F. Edward Hébert School of Medicine at Uniformed Services University of the Health Sciences, Bethesda, MD. May 2016 – August 2016

**Assistant Director, Pediatric Clerkship**, F. Edward Hébert School of Medicine at Uniformed Services University of the Health Sciences, Bethesda, MD. September 2014 – April 2016

**Site Director, Pediatric Clerkship**, National Capital Area/WRNMMC, Bethesda, MD August 2014 – April 2016

**Staff Pediatrician**, Uniformed Services University and Walter Reed National Military Medical Center, Bethesda, MD. September 2014 – June 2020

**Site Director, Pediatric Clerkship**, Naval Medical Center San Diego, San Diego, CA. July 2012 – July 2014

**Staff Pediatrician and Director of Resident Continuity Clinics**, Naval Medical Center San Diego, San Diego, CA. July 2012 – July 2014

**Staff Pediatrician and Director of Patient-Center Medical Homeport** initiative in pediatrics, Naval Hospital Camp Lejeune, Camp Lejeune, NC. July 2008-July 2012

**Military Deployments**
Continuing Promise 2015, USNS COMFORT (T-AH 20) March 2015 – September 2015: Provided medical assistance to 11 countries throughout Central America and South America

**Military Promotions**
Promotion, Commander, United States Navy, Medical Corps, January 2019
Promotion, Lieutenant Commander, United States Navy, Medical Corps, September 2011
Promotion, Lieutenant, United States Navy, Medical Corps, May 2005
Commissioned, Ensign, United States Navy, Medical Corps, May 2001
Military Professional Education
MedXellence “Critical Decision Making for Medical Executives”, June 24-29, 2018
Advanced Medical Department Officer Course, Feb 22-Mar 4, 2016
Basic Medical Department Officer Course, December 2015
Military Medical Humanitarian Assistance Course, May 21-22, 2007
Combat Casualty Care Course, 2006
Officer Indoctrination School, Naval Station Newport, RI, 2001

Subject Medical Expert
Tri-Service Workflow Pediatric team member for EHR/AHLTA templates, BUMED, 2011-2019
Pediatric Specialty Review-JAGMAN Litigation Report, BUMED, June-July 2019
USNS COMFORT, International Subject Matter Expert Exchange – Haiti
“Common Pediatric Conditions – Visual Diagnosis” September 2015
Pediatric Specialty Review-JAGMAN Litigation Report, BUMED, Spring 2010

Committee Experience
American Academy of Pediatrics, Section on Uniformed Services
Executive Committee, Navy Representative. Nov 2017 – present

Uniformed Services University of the Health Sciences, Bethesda, MD 2014 - present
Vice Chair, Admissions Subcommittee, School of Medicine (SOM) 2017-2018
Member, Executive Curriculum Committee Clerkship Subcommittee, SOM, 2017-present
Member, Post-Clerkship Committee, SOM, 2017-2019
Member, Council of Clerkship Directors, SOM, 2016-2020
Member, Student Awards Committee, SOM, 2016-2020
Member, Curriculum 2027 Task Force, Education and Innovation working group, 2016-2017
Member, Admissions Committee, F. Edward Hébert School of Medicine 2015-2018

Naval Medical Center San Diego, CA 2012-2014
Member, Medical Student Advisory Council 2012-2014
Member, Pediatric Advisory Group 2012-2014

Naval Hospital Camp Lejeune, NC 2008-2012
Chairman, Graduate Education Committee 2011-2012
Member, Medical Home Implementation Working Group, 2010-2012
Member, Pharmacy and Therapeutics Committee 2008-2010
Member, Medical Records Committee 2008-2010
Member, Ethics Committee 2008-2010

Council on Medical Student Education in Pediatrics (COMSEP) 2013-2020
Co-Director of COMSEP Clinical Cases, 2018-2019
Member, Curriculum Task Force 2015 – 2020
Contributor, Journal Club (published online) for faculty development 2014-2017

Professional Memberships
Fellow-in-Training, American Academy of Allergy, Asthma, & Immunology, 2020-present
Fellow-in-Training, American College of Allergy, Asthma, & Immunology, 2020-present

Fellow, American Academy of Pediatrics, 2008-present
  • Member, Section on Hospitalist Medicine 2015-present
  • Member, Uniformed Services Chapter East, 2015-present
  • Member, Section on Oral Health 2015-present
  • Member, Uniformed Services Chapter West, 2014-2017
  • Member, Section on Uniformed Services 2008-present

Member, Council on Medical Student Education in Pediatrics, 2013-2020
  • Curriculum Task Force, 2016-2020

Invited Presentations (National)
Miller, R., Dorsey, R., Foster, C., Lopreiato, J. (2020, June 7-10) Hiring and Training SPs for the Adolescent HEEADSSS Psychosocial Interview Assessment. [Conference seminar]. ASPE Annual Conference, Portland, Oregon, USA. (Conference canceled)


Poster Presentations (National)

Foster, C., Shohfi, E., Petersen, M. (accepted for 2020, Nov 13-15) “One in a Million: Anaphylaxis to Varivax in a Non-Immune Healthcare Worker.” [Virtual conference poster with oral recording]. American College of Allergy, Asthma, & Immunology annual meeting.
Foster, C., Shohfi, E., Petersen, M. (accepted for 2020, Nov 13) “Whodunnit?! – Components, Crossover, and a Clinical Conundrum.” [Virtual conference poster with oral recording]. American College of Allergy, Asthma, & Immunology Annual Meeting.


**Peer-Reviewed Publications**


**Lay Publications:**

Council on Medical Student Education in Pediatrics Journal Club - published online: [https://www.comsep.org/scholarlyactivities/jcarchive.cfm](https://www.comsep.org/scholarlyactivities/jcarchive.cfm)

1. **Student portfolios instead of grades**


Reviewed by Chris Foster (May 2017)

2. **Using a notification tool in an EHR to promote a student panel**
Supporting Medical Students’ Pursuit of Longitudinal Patient Experiences: Piloting an Innovative Visit Notification Tool at the Massachusetts General Hospital: Elmore S. et al. Academic Medicine 2016; 91, 1 p 70-74

Reviewed by Chris Foster (Dec 2016)
FELLOW-IN-TRAINING MEMBERS SECTION
NATIONAL & REGIONAL REPRESENTATIVE NOMINATION FORM

Positions Currently Available (Indicate Your Interest):

✔ Junior National Fellow-in-Training Representative  ✔ Regional Fellow-in-Training Representative

Please use this form only for the positions listed above. If you are interested in another position, please discuss your candidacy with a member of the Fellows-in-Training Committee.

Name: ________________________________ ________________________________________

Work Address: ________________________________________________________________________

City: ___________________________________  State:  ______ Zip/Postal Code:    _________

Country: _________________________________

Phone (work):  _____________________________    Fax:   ________________________

Email: ____________________________________________________________

Training Program:   ______________________________________________________

Expected Completion Date: / 08 20

MM  YY

Please attach a current curriculum vitae and a statement explaining your interest in the position.

Signature of Candidate: _________________________________________ Date:  _____________

Name of A/I Program Director: ______________________________

Program Director Signature: ______________________________ Date:  _____________

*************************************************************************************

Please return form to Katerina Barcal by email at KaterinaBarcal@acaai.org or fax at 847-427-9656.
REGIONAL FIT REPRESENTATIVE
Aishwarya Navalpakam
Allergy and Immunology Fellow
Children’s Hospital of Michigan, Detroit, MI

Eight years ago, I learned to oil paint. It is a difficult medium to work with but it gave me the ability to produce vivid and rich images. Oil paint, due to its long dry time, allowed me to adapt and improve my artwork over time. My career goals mirror my choice to learn to oil paint. Allergy and Immunology (AI) offers continuity and opportunities to help my patients throughout their lives and create a lasting impact. As a fellow, I look forward to creating enriching relationships with my patients, with my class of fellows nationwide, and with the attending physicians whose rank I hope to join. I have prioritized medical education, health education, and research throughout my life and want to continue to do so. By being a member of the FIT committee, I hope to achieve these goals.

Mentorship and community, as in art, is vital to professional development in AI. It has played a significant role in my life- the experiences that I have sought out in medical and health education have allowed me to foster long-lasting relationships and have shaped my career. In fact, I was introduced to AI through my research mentor in residency and am forever grateful for her role. The pandemic and Coronavirus bring about a new challenge of creating connections and utilizing each other’s expertise without the intimacy of meeting face to face. Through my art, I have learned to seek out various perspectives and develop creative solutions. Moreover, I have learned flexibility, diligence, and perseverance. These skills have prepared me to tackle the challenges that my generation of AI fellows are facing. If chosen as a FIT representative, I hope to create an impact, as with impressionist paintings I tried to mimic, that will withstand the test of time.
AISHWARYA NAVALPAKAM, M. D.
anavalpa@gmail.com | ANavalpa@dmc.org | 248-982-0828

Children’s Hospital of Michigan, Detroit, MI. Allergy and Immunology Fellowship
Nationwide Children’s Hospital/ The Ohio State University, Columbus, OH. Pediatric Residency Program.
Oakland University William Beaumont School of Medicine (OUWB). Rochester, MI. Medical Doctor
University of Michigan. Ann Arbor, MI. Bachelor of Science in Neuroscience. Minor in Cultural Anthropology

Honors
2019 Trainee Tobacco Champion Award Honorable Mention, American Academy of Pediatrics Section on Tobacco Control.

2016 Nicholson Capstone Competitive Scholarship Award (Amount: $6000)- Mini Manuscript
Award based on potential impact of research topic, quality of study design, clear description of results/conclusions, and overall impression on the manuscript.

2016 Excellence in Public Health Award from the U.S. Public Health Service Physician Professional Advisory Committee

2013-2017 Merit Based Scholarship. OUWB School of Medicine.

Research Experience
2020- Present. Co-Investigator, Children’s Hospital of Michigan, Allergy and Immunology Fellowship
Project Mentor: Pavadee Poowuttikul, M.D., Elizabeth Secord, M.D., Jenny Huang, M.D.
Pilot study evaluating immunosuppression from systemic steroid bursts in Asthma. Grant through Children’s Hospital Foundation.

2019-2020. Co-Investigator, Nationwide Children’s Hospital, Pediatric Residency Program
Project Mentor: Rebecca Scherzer, M.D., Suzanne Reed, M.D., Margaret Redmond, M.D.
Pediatric and IM/Pediatrics resident knowledge and attitudes in addressing allergy and immunology concerns in primary care settings.

2018-2020. Co-Investigator, Nationwide Children’s Hospital, Pediatric Residency Program
Project Mentor: Elizabeth Erwin, M.D.
Assessment of Psychiatric Comorbidities in Pediatric Patients with Eosinophilic Esophagitis.

2013-2017. Principal Investigator, Oakland University William Beaumont School of Medicine
Project Mentor: Inaya Hajj Hussein, Ph.D.
Capstone project assessing the knowledge, attitudes, and readiness of Oakland University (OU) female students for acquiring the HPV vaccination and its future policy implications.

2014. Research Internship, OUWB School of Medicine. Department of Radiation Oncology.
Preceptor: Inga Grills, M.D.
Used contouring to evaluate the risk to the heart and esophagus in the treatment of locally advanced non-small cell lung cancer (NSCLC).

2009-2013. Research Assistant, University of Michigan, Reproductive Sciences Program, Mott Children’s Hospital, Ann Arbor, MI.
Preceptor: Vasantha Padmanabhan, M.S., Ph. D.
Studied the effects of prenatal testosterone treatment on key enzymes of adrenal androgen production in sheep and its greater significance towards polycystic ovarian syndrome in women.

Quality Improvement Project
2020- Present. “Quality Improvement Initiative to Improve Resident Practices Regarding Flu Vaccine Administration in Individuals with Egg Allergy,” Co-Investigator. Allergy and Immunology, Children’s Hospital of Michigan.


Presentations
Navalpakam A, Reed S, Redmond M, Scherzer R. “Using E-Learning Modules to Educate Pediatric Residents on Critical Topics in Allergy and Immunology.”
- Poster presentation, American Academy for Asthma, Allergy & Immunology Conference, 2020.
- Due to COVID-19 related conference cancellation, this peer-reviewed abstract and presentation was accepted but not presented. However, is showcased in an online poster library on AAAAI’s website.

Navalpakam A, Quach S, Co A, Jordan S, Groner J, Goleman J. “Improvement in Rates of Smoking Cessation Education Provided to Families at an Urban Primary Care Center in Columbus, Ohio”
- Poster presentation, American Academy for Pediatric Section on Tobacco Control, AAP National Conference, October 2019.

- Poster presentation, American Academy for Asthma, Allergy & Immunology Conference, 2019
- Chrysalis Program Participant, AAAAI Conference, 2019

Navalpakam A, Dany M, Hajj Hussein I. “Behavioral Perceptions of Female College Students Towards the Human Papillomavirus Vaccination.”
- Online Live interview at ASM Conference, 2015 (https://youtu.be/jwYz4DGer8)
- Poster presentation, ASM Conference, 2015
- Oral presentation, Oakland University Graduate Student Research Conference, 2017
- Oral presentation, OUWB School of Medicine Embark Capstone Colloquium, 2017

Trivax B, Paraskos A, Abuelroos D, Navalpakam A. “Biopsy-Confirmed Neurosarcoidosis Manifesting as a Non-Compressive Myelopathy with Transverse Myelitis and Normal ACE Level: A Case Study”
- Abstract Presentation, American Academy of Physical Medicine and Rehabilitation Assembly, 2016

- Poster Presentation, University of Michigan Undergraduate Research Program Symposium, 2011

Publications


Advanced Competencies
2018- 2020. Research Competency. Nationwide Children’s Hospital, Pediatric Residency Program
2018- 2020. Medical Education Competency. Nationwide Children’s Hospital, Pediatric Residency Program
Teaching Experience
2019- 2020. Nationwide Children’s Hospital Pediatric Residency Curriculum Committee. Columbus, OH. Collaborate and oversee education experiences within the pediatric residency program to reflect current medical knowledge and practice.

2017- 2020. Residents in School Initiative. Columbus Gifted Academy, Columbus, OH. Taught elementary school students about health and wellness.

2014 – 2017. Individual and Group Tutoring. OUWB School of Medicine. Auburn Hills, MI. Facilitated group tutoring sessions and discussions for OUWB medical students on lecture and USMLE material.

2014. Medical Student Lecturer. OUWB School of Medicine. Auburn Hills, MI. Lectured second year medical students on cervical cancer and cervical histology as a part of the reproductive unit.


Leadership Experience


- The Roast is a satirical event roasting faculty, staff, and students to raise money for CARE house- a leading resource for abused and neglected children. Raised over $3000 each year.

2010-2013. Healthy Halls Chair, Executive Board. Peers Utilizing Leadership Skills for Education (PULSE), University Health Services, University of Michigan, Ann Arbor, MI. Health Education Resource.

Professional Memberships
2020- Present. American College of Asthma, Allergy & Immunology
2018- Present. American Academy of Allergy, Asthma & Immunology
2017- Present. American Academy of Pediatrics

Personal
Enjoy oil painting, drawing, and reading. Love to travel and cook. Aim to visit as many national parks as possible. Started a book club. Speak Hindi, Tamil, and Telugu
FELLOWSHIP IN TRAINING MEMBERS SECTION
NATIONAL & REGIONAL REPRESENTATIVE NOMINATION FORM

Positions Currently Available (Indicate Your Interest):

✔ Junior National Fellow-in-Training Representative  ✔ Regional Fellow-in-Training Representative

Please use this form only for the positions listed above. If you are interested in another position, please discuss your candidacy with a member of the Fellows-in-Training Committee.

Name: Abeer Siddiqi

630 W 168th St

City: New York  State: NY  Zip/Postal Code: 10032

Country: United States

Phone (work): 917-576-9472  Fax: _______________________

Email: as6155@cumc.columbia.edu

Training Program: Columbia University Irving Medical Center

Expected Completion Date: 06 22

MM YY

Please attach a current curriculum vitae and a statement explaining your interest in the position.

Signature of Candidate:  Date: 09/14/2020

Name of A/I Program Director: Ramsay Fuleihan, MD

Program Director Signature:  Date: 9/14/2020

Please return form to Katerina Barcal by email at KaterinaBarcal@acaai.org or fax at 847-427-9656.
To: whom it may concern

I am Abeer Siddiqi, current Allergy Immunology Fellow at Columbia University Irving Medical Center. I wish to serve in the roll of National Representative to be able to advocate for the field of Allergy Immunology and for my patients and colleagues at large. We currently are in unprecedented and unpredictable times, now more than ever we need to highlight the importance of Immunology as the core of disease process and advocate for both our adult and pediatric patients. There is also an urgent need for innovation in the field of medicine at large, with families under quarantine and children being home schooled, we need to adapt our practice to medicine to reach out to all the families while they are at home. Most importantly, this opportunity will allow me to collaborate with many of the young trainees across the country and the globe to take new initiatives.

Thank you,
Abeer
Personal Information:
Date of Birth: July, 1989
US citizen

Present Academic Rank:
07/01/2020 – 06/30/2022
Clinical Fellow, Allergy & Immunology
Columbia University Medical Center, New York, NY

07/01/2019 – 06/30/2020
Chief Resident
Rutgers University, New Jersey Medical School, Newark, New Jersey

Graduate Training:
07/01/2015-06/30/2019
ACGME Accredited
Internship and Residency, Department of Internal Medicine - Pediatrics
Rutgers University, New Jersey Medical School, New Jersey

Training Hospitals:
- University Hospital, Newark
- Hackensack University Medical Center, Hackensack
- Joseph M. Sanzari Children’s Hospital, Hackensack
- Children’s Cancer Institute – Hackensack University Medical Center
- Veterans Affairs New Jersey Health Care System, East Orange Campus

Education:
2007- 2013
Bachelor of Medicine, Bachelor of Surgery, M.B.B.S
Dow University of Health Sciences, Karachi, Pakistan

Board Certifications:
Diplomate of American Board of Internal Medicine

Medical Licensure:
- Medical Doctor in the State of New Jersey
  Effective: 04/24/2019 - 06/30/2021
- ACLS Certified 12/18/2018
- PALS Certified 12/28/2018
- BLS Certified 5/1/2019
- NRP Certified 5/13/2019

Awards and Honors
- Resident of the Month: Pediatrics
- Obtained 3rd position in Fourth Year of Medical School
Overall Ranked 5th position in Medical School - Graduating cGPA = 3.67

Employment:
12/2013-04/2015
Research Assistant, Department of Pharmacology, Jinnah Post Graduate Medical Center, Karachi, Pakistan
Preceptor: Farida Qadir, M.B.B.S, M.Phil, Ph.D.
Description: Translational bench research on rat paw model of acute inflammation investigating the effects of statin on osteoporosis.

Professional Memberships:
- American College of Physicians (ACP)
- American Academy of Pediatrics (AAP)
- National Med Peds Resident Association (NMPRA)

Volunteer Experience
- Rutgers NJMS Formal Teaching Sessions
  Instructor, Robyn Kampf, MD
  11/2018
  Facilitated multiple teaching sessions on Head and Neck Examination for second year Medical Students
- Rutgers NJMS Ambulatory Care Committee, Newark, NJ
  07/16-Present
- Patients Helping Hands, Karachi, Pakistan
  08/2011-02/2013
  Head Coordinator Project Operations and Management
  NGO launched by students of Sindh Medical College to provide basic necessities to patients at three affiliate hospitals. During my role, I conducted surveys, organized projects including blood drives, Project Fund Raising, Hand Hygiene Campaign, Seminar on Basic Life Support. Participated in establishing a Drug Bank to supply medications to patients free of cost.

Clinical Elective Rotations
- The Mount Sinai Medical Center, New York, USA
  06/2013-07/2014
  Visiting Student, Dr. Javed Suleman MD, FACC, FSCAI
  Externship in the Department of Cardiovascular Medicine
- North Carolina Children’s Hospital at UNC, North Carolina, USA
  04/2013-05/2013
  Visiting Student in the Department of Pediatric Gastroenterology under Section Chief, Dr. Steven N. Lichtman MD
- University of Massachusetts Medical Center, Worcester, MA, USA
  08/2012-09/2012
  Visiting Student in the Department of Cardiology under Dr. Daniel Miller, MD
Research and Publications

Presentations:

- Clinical Pathological Case Conference: Staphylococcal Scalded Skin Syndrome (SSSS) – April 14th, 2016
- Clinical Pathological Case Conference: Post obstructive Pneumonia due to Pulmonary Artery Sling – July 30th, 2017

Abstracts:

- TSIAM Trimethoprim Sulfamethoxazole Induced Aseptic Meningitis
  Accepted Poster Presentation, American College of Asthma, Allergy and Immunology 09/2019 Houston, Texas
- “Surfactant C Deficiency – A Rare disorder with an evolving immunology”
  Accepted Poster Presentation, American Association of Bronchology and Interventional Pulmonology (AABIP) annual conference 08/2019, Denver, Colorado
- A Curious Case of A Rash – A Pediatric Disease in an Adult Patient
  Poster Presentation at National American Academy of Pediatrics; Orlando; Florida 11/2018
- How Comfortable are Clinicians with POLST forms in an Internal Medicine-Pediatrics Outpatient Clinic
  Poster Presentation at Rutgers, NJMS Research Day 04/2016
- Increasing frequency of Advance Care Planning Discussions in Adults in an Internal Medicine/Pediatrics Resident Clinic
  Poster Presentation Rutgers, NJMS Research Day 05/2017
- “Resident Adherence to JNC-8 Blood Pressure Guidelines in Diabetic Patients; QAQI Poster presentation Rutgers, NJMS Research Day 04/2018
- Respiratory Illness Associated With Human Metapneumovirus in Hospitalized Adults and Children at an Urban University Hospital
  IDSA ID week poster presentation 09/2016
- “Quality Assessment of the Age Appropriateness of Opiod Prescriptions for Pain Management in a Primary Care Clinic; Rutgers NJMS Research Day 05/2019

Publications:

- Pak J Pharm Sci. 2014 Nov;27(6 Spec No.):2169-75. Pitavastatin is a potent anti-inflammatory agent in the rat paw model of acute inflammation. Qadir F1, Alam SM1, Siddiqi AQ2, Kamran A1

References:
Available Upon Request